Ask students to select newspapers or magazines that stand out to them and cut out images, pictures, words, or sayings that represent their lives' journeys.

Encourage the students to answer the following guided questions while selecting the images for their Life's Tapestry.

- Where are you from?
- What are your most notable accomplishments?
- What are some challenges that you have overcome?
- What are your hopes for the future?
- What aspects of your life are similar to or different from the women highlighted on The National Theatre's website?

Instruct students to make their final selections and adhere the elements onto the construction paper or cardboard.

Once students have completed their Life's Tapestry they can share them with pairs, small groups, or the whole class.